PO Box 3237, PRETORIA, 0001 **Pilditch Stadium Cnr Maltzan & Church Streets PRETORIA WEST**



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To be the best athletics Province in South Africa

Reference: AGN/Circular 96 of 2024

To: AGN Members

From: AGN Office

Date: 28 October 2024

Pages: 5 + attachment

CIRCULAR 96 OF 2024 – 2024 AGN PRIMARY SUB-YOUTH TRACK & FIELD

Dear AGN Members,

Athletics Gauteng North hosted a successful AGN Primary Sub-Youth Track & Field League 3 on Saturday, 26 October 2024 at Pilditch Stadium. Kindly find results for League 3 attached. For any results enquiries kindly contact the AGN Track & Field Vice Chairperson, Mr Jerry Senekal on jerrysenekal@yahoo.com.

Athletics Gauteng North will be hosting the last AGN Primary Sub-Youth Track & Field League 4 on Saturday, 2 November 2024 at Pilditch Stadium. Please take note of the changes on the programme, page 4.

Kindly be reminded, to be selected for the AGN team that will represent the province at the ASA Sub-Youth Track & Field Championships (06 – 07 December 2024), athletes are required to participate in at least two of any of the four (4) AGN leagues as well as reach the minimum qualifying standards at the compulsory AGN Championships. Kindly find the qualifying standards on page 5.

PRIMARY SUB YOUTH TRACK AND FIELD FIXTURES (OCTOBER TO DECEMBER 2024)

OCTOBER								
DATE	EVENT	VENUE	ORGANISER					
Sat 05	AGN Primary Sub Youth (7-13) (League 1 – A Program)	PILDITCH	AGN					
Sat 12	AGN Primary Sub Youth (7-13) (League 2 – B Program)	PILDITCH	AGN-					
Sat 26	AGN Primary Sub Youth (7-13) (League 3 – A Program)	PILDITCH	AGN					
NOVEMBER								
DATE	EVENT	VENUE	ORGANISER					
Sat 02	AGN Primary Sub Youth (7-13) (League 4 – B Program)	PILDITCH	AGN					
Fri 15 - Sat 16	AGN Primary Sub Youth Championships (7-13)	PILDITCH	AGN					
DECEMBER								
DATE	EVENT	VENUE	ORGANISER					
Fri 06 - Sat 07	ASA Primary Sub Youth Championships	MANGAUNG	AFS					
* NB, the fixtures are subject to change where necessary – you will be notified*								

Board Members:

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General Rules

- 1. Athletes must participate in affiliated club or school colours. NB! NO PARTICIPATION IN PROVINCIAL COLOURS
- 2. Entries for Leagues will be done on the Track and Field (close 30 minutes before start of event)
- 3. <u>NB. PLEASE TAKE NOTE THAT TO QUALIFY TO BE SELECTED FOR THE GAUTENG</u> <u>NORTH TEAM FOR PARTICIPATION IN THE ASA PRIMARY SUB YOUTH</u> <u>CHAMPIONSHIPS, ATHLETES MUST COMPETE IN AT LEAST, ANY, 2 OF THE 4</u> <u>PRIMARY SUB YOUTH MEETINGS (ANY EVENTS) AS WELL AS THE COMPULSERY</u> <u>AGN CHAMPIONSHIPS.</u>
- 4. Qualification standards must be reached during the AGN Championships
- 5. A maximum of 5 athletes per event will be selected for AGN Team.
- 6. All athletes not in possession of a permanent license number for 2024, must obtain a temporary license number at the gate for R60.00 per license. No athlete will be allowed to enter or participate without a license number. Permanent Licenses are available at the AGN office but can only be obtained via an affiliated club or school.
- 7. Both permanent licenses must be worn, except for jump events.
- 8. All athletes must be in possession of a permanent license number when selected for the AGN team to participate at the Inter-Provincial Sub-Youth Championship.

Rules for AGN Club competition (7-13) during league meetings

- 1. First 20 highest points of each club during each league meeting will count (ASA table).
- 2. The total of points scored in all league meetings will be used to determine the Club champion (7-13 years)
- 3. <u>Turbo Javelin</u>

a. Max run up meters: 11 Year age groups: <u>12 meters</u> and 9 Year age groups: <u>8 meters</u>

4. <u>Start</u>: Ages 7-13: One false start warning will be allowed.

The following procedures will apply during the season:

- ENTRIES FOR LEAGUES CLOSE AS FOLLOWS:
 - Entries for Track events will be done on track (close 30 minutes before start of event).
 - Entries for Field events will be done at the field (close 30 minutes before start of event).
- Starting blocks compulsory for athletes participating under age group 9 and older (Track events).
- Take note that AGN records (Track) will only be excepted if electronic timing were used during the meeting.
- Records (Leagues and AGN Championship) records are combined to ensure that only one AGN set of records will be used in future.
- The Meeting will be held under ASA & AGN Rules.
- Sick notes must be handed in before the league.

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NB! NO PARTICIPATION IN PROVINCIAL COLOURS DURING LEAGUES.

Entrance Fee at gate:

- Athletes R40.00 entry fee,
- R60.00 Temporary License (06 years till 13 years) *
- Spectators (including parking) R40.00
- Children R20.00 (not participating) Children under 3 free entry

*All athletes not in possession of a permanent license number for 2024, must obtain a temporary license number at the gate. No athlete will be allowed to enter or to participate without a license number. Permanent Licenses are available at the AGN office but can only be obtained via an affiliated club or school.

Rules for selection for Primary Sub Youth AGN team (7-13 years) for ASA PSY Championships at Mangaung Stadium: (06/07 December 2024)

- 1) Participation in at least 2 league meetings any events
- 2) Participation in the AGN championships is compulsory (15/16 November 2024)
- 3) Minimum qualification standard (attached) must be reached per item during AGN Championships
- 4) A maximum of 5 athletes who reached qualification standards during AGN Championships and participated in at least 2 leagues will be selected for AGN Team. If 5 athletes did not reach the qualification standard during AGN Championships, but did participate in a minimum of 2 leagues, it will be the selectors prerogative if 5 athletes going to be selected or not.
- 5) All athlete **must** buy a permanent number if selected for the AGN Team that will participate at Pilditch Stadium
- 6) Temporary licences / permanent numbers are <u>compulsory</u> for age groups 7 and older during leagues and AGN championships.
- 7) Sick notes must be handed in latest on day of league.

Athletics Gauteng North

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B PROGRAMME: 02 Nov 2024

ITEM	TIME	EVENT	AGE GROUP	REMARK	AGN RECORDS			
1.	08:00	Long Jump (A)	Girls 13	Final	5.67m N de Bruyn AGN (2011)			
2.	08:00	Turbo Javelin	Boys9/ Girls 9	Combined event – Final	Boys: 34.05m A Smit JSA (2019) Girls: 29.68m S Visser AGN (2017)			
3.	08:20	1500m	Boys 13	Time placing	04min 16.89sec G Rees AGN (2017)			
4.	08:30	1500m	Girls 13	Time placing	04min 35.66sec G Gait-Smith AGN (2016)			
5.	08:40	1200m	Boys 11	Time placing	03min 15.15sec W Bester PC (2004)			
6.	08:50	1200m	Girls 11	Time placing	03min 50.15sec C York AGN (1996)			
7.	09:00	Javelin Throw (500gr)	Girl <mark>s 13</mark>	Final	40.04m A Theunissen AGN (2023)			
8.	09:00	Long Jump (A)	Boys 11	Final	5.14m M Smit JSA (2013)			
9.	09:00	80m	Boys 7	Time placing	12.05sec X Harmse AGN (2018)			
10.	09:10	80m	Girls 7	Time placing	11.70sec N de Bruyn MID (2006)			
11.	09:20	80m	Boys 9	Time placing	10.90sec F Kellerman AGN (2006) & JP Botha AGN (2012)			
12.	09:30	80m	Girls 9 🥑	Time placing	10.70sec N de Bruyn MID (2008)			
13.	10:00	Long Jump (A)	Boys 13	Final	6.46m JJ Ellis AGN (2023)			
14.	10:00	Turbo Javelin	Boys11/ Girls 11	Combined event - Final	B11: 38.76m R Bezuidenhout JSA (2019) G11: 29.68m S Visser JSA (2017)			
15.	10:05	80m Hurdles (76.2cm)	Boys 13	Time placing	11.25sec B Moropyane AGN (2019)			
16.	10:15	75m Hurdles (76.2cm)	Girls 13	Time placing	11.50sec C de Clerk AGN (2019)			
17.	10:25	70m Hurdles (68.0cm)	Boys 11	Time placing	11.05sec F Pretorius UAC (2006)			
18.	10:35	70m Hurdles (68.0cm)	Girls 11	Time placing	11.51sec R VD Berg AGN (2017)			
19.	11:00	Javelin Throw (B-600gr)	Boys 13	Final	55.83m U van Tonder GFT (2019)			
20.	11:00	Long Jump (A)	Girls 11	Final	5.02m N de Bruyn AGN (2010)			
21.	11:05	150m	Masters-Men	Time placing				
22.	11:15	150m	Masters- Females	Time placing				
23.	11:25	100m	Boys 13	Time placing	10.90sec B Connoway WTK (2018)			
24.	11:35	100m	Girls 13	Time placing	12.20sec N Buckingham AGN (1998) & Mila Compaan JSA (2015)			
25.	11:45	100m	Boys 11	Time placing	12.22sec K Mintwell AGN (1999)			
26.	11:55	100m	Girls 11	Time placing	12.83sec N de Bruyn AGN (2010)			
27.	12:05	1500m Walk	Girls 13	Time placing Combined with Item 26	08min 24.790sec B Manamela AGN (2022)			
28.	12:05	1500m Walk	Boys 13	Time placing Combined with Item 25	7 min 28.92 S Rapasha AGN (2022)			
29.	12:15	^{300m} 150m	Masters-Men	Time placing	1 011			
30.	12:22	^{300m} 150m	Masters- Females	Time placing				

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MINIMUM QUALIFYING STANDARDS – (Revised)

ITEM	GIRLS 7	GIRLS 9	GIRLS 11	GIRLS 13	BOYS 7	BOYS 9	BOYS 11	BOYS 13	ITEM
60M	10,25	9,10			9,80	9,00			60M
80M	13,00	11,80	11,20		12.80	11,50	11,00		80M
100M			13,90	13,00			13,55	12,00	100M
200M				27,20				25,25	200M
600M		2:04,00				2:00,00			600M
800M				2:30,00				2:18,00	800M
1200M			4:19,20				4:02,10		1200M
1500M				05:27,00				04:50,30	1500M
1500MW				09:45,00				09:40,00	1500MW
70MH			12.40				11,70		70MH
75MH				12,13					75MH
80MH								12.30	80MH
200MH				32,80				29,00	200MH
TURBO JAV		18.00	20.00			20.00	24.50		TURBO JAV
JAV				27.00				34.75	JAV
HJ			1.25	1.40			1.32	1.52	HJ
LJ			4.10	4.50			4.20	4.90	LJ
SP			9.10	10.10			10.90	10.50	SP
DISCUS				31.14				31.50	DISCUS
TRIATHLON			1000P				1100P		TRIATHLON
PENTATHLON				2000P				2200P	PENTATHLON

Athletics Gauteng North would like to wish all athletes the best for the coming season.

Kind regards

Gauteng North

AGN TRACK & FIELD COMMISSON

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